

MOUNT WHITNEY & GRAND CANYON, UNITED STATES OF AMERICA

Flights UK to Las Vegas/Los Angeles

General Itinerary:

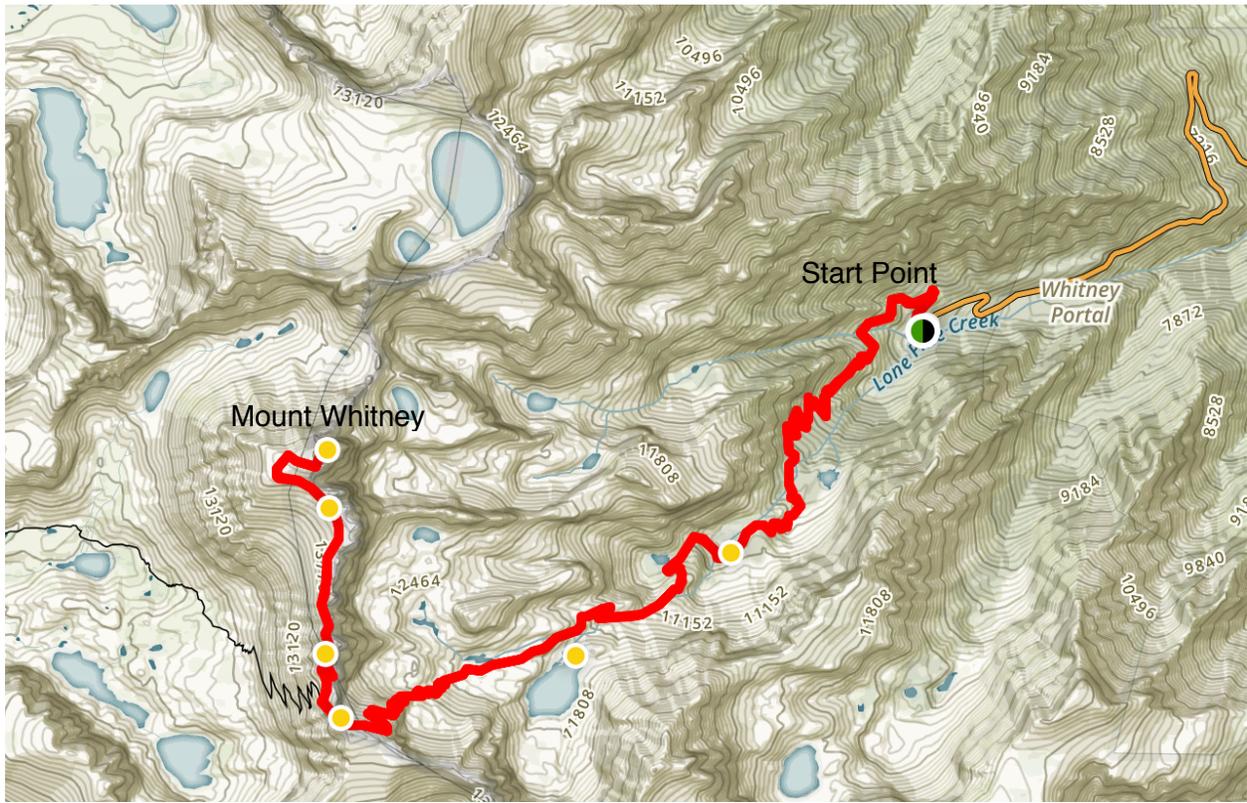
Option 1 D of E/trekking on Mount Whitney

This is the highest summit in the contiguous United States and the Sierra Nevada, with an elevation of 14,505 feet/4,421m with a prominence of 3072m. First ascent in 18 August 1873. Mount Whitney via Mount Whitney Trail is a 18.1 mile moderately 'trafficked' out and back trail located near Lone Pine, California. The trail is best used from July to October due to snow conditions the remainder of the year.



Sunrise view of Mount Whitney from Lone Pine

The trail leads through zigzags into woods and then sparse valleys up into the bowl of Mount Whitney where there are several options to camp whilst acclimatizing. Mount Whitney is the 'twin peaked' feature just left of centre on the skyline.

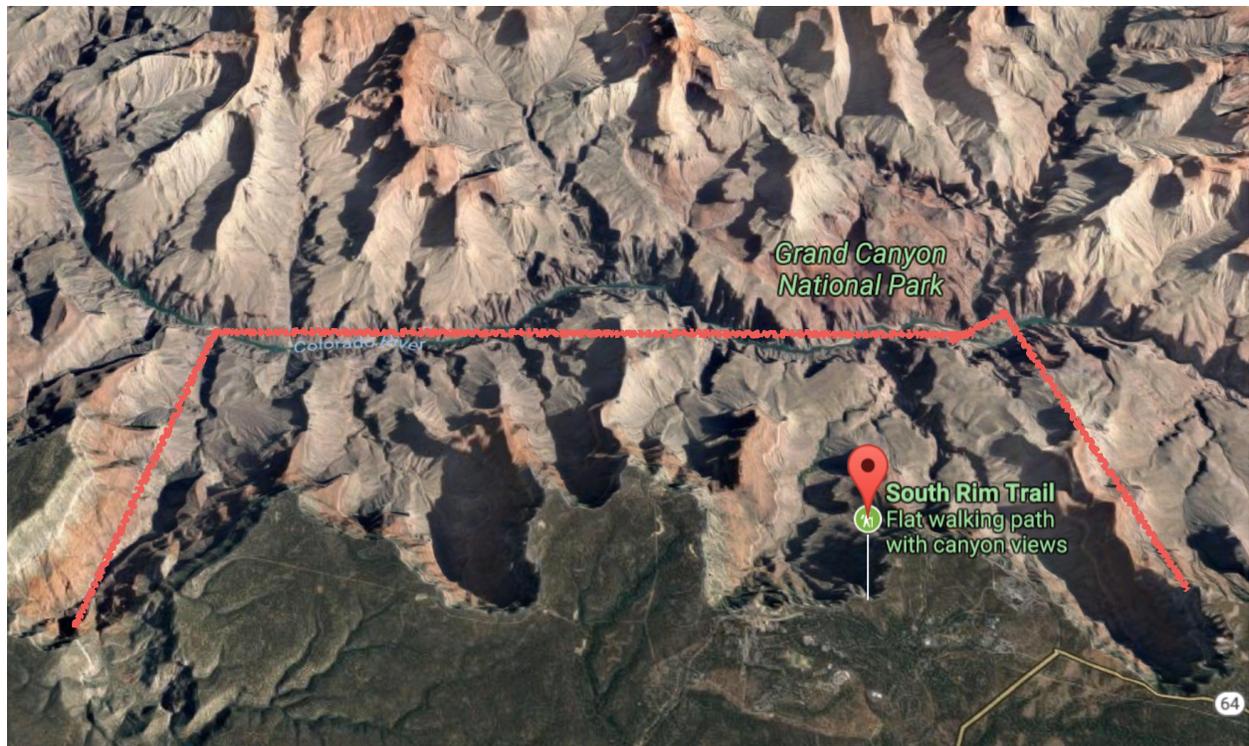


The Whitney Portal road lies just to the West of Lone Pine, the route is out and back

Option 2 D of E 4 days or trekking up to 4 days in the Grand Canyon:



This is a route that is done in a northerly and westerly direction, beginning at the South Kaibab Trail marked SP, taking in 3 camp sites and finishing at the extreme West side of the Grand

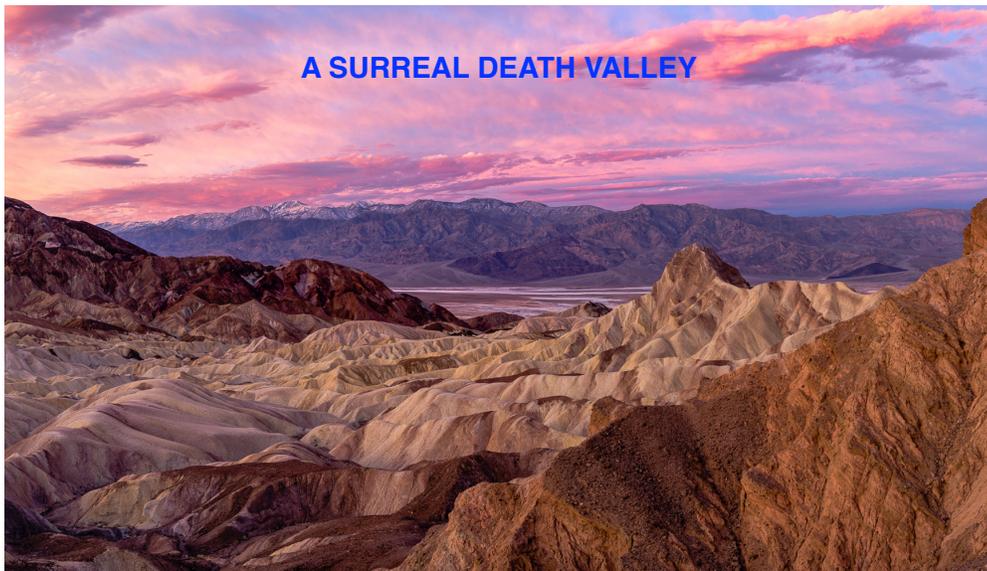


Canyon Village at the point marked FP. From the view of the footbridge and footpath below, there are many grinding switchbacks, precipitous drops and steep trails.





As with Death Valley, high summer turns the canyon floor into a furnace, with temperatures reaching 49C (unusual); winter shuts off vehicle access to the North Rim entirely. The optimum windows for hiking are from late May to June, and from September until the end of November. However, an expedition may entail beginning on the North Rim and ending on the South Rim, west of the village at Hermit Trailhead, depending on weather conditions.



Prices: Mount Whitney £25,250, Grand Canyon 25,100. Prices may drop due to airline changes

Itineraries:

Mount Whitney followed by Grand Canyon:

1. Flights for 13 persons from UK to Las Vegas arriving mid day, including 23kg of hold luggage.
2. All expenses for the leader or assessor provided by the Company.
3. Satphone and walkie talkie coverage.
4. Minibus travel and all accommodation including camp sites, national park and trail fees from and to Las Vegas for the duration including: Days:
 - 1-2. Stay in Las Vegas or Los Angeles, we then drive (through Death Valley if flying to Las Vegas) to Lone Pine and stay in a motel for 3 nights, sort out equipment and go climbing/ walking for 2 days to acclimatise.
 - 3-5. Admin and acclimatize in Lone Pine, perhaps some climbing.
 - 6-9. Walk from Lone Pine to summit of Mount Whitney c4400 metres, camping 3 or 4 nights if necessary. Night of day 9 or 10 stay in motel in Lone Pine.
 10. Travel to Las Vegas through Death Valley, on to Route 66, visit the Road Kill Cafe, Route 66 Cafe en route and view the edge of the Canyon, stay in a motel or camp.
 - 11-12. Walk into the Canyon via Bright Angel Trail to the North side of the Colorado river, stay the night in tents near the Phantom Ranch and next day we walk back out via a different route, possibly South Kaibab Trail. Travel back to Las Vegas.
 - 13-14. Stay in hotel in Las Vegas for adventure activities near Las Vegas, incorporate a visit to the Hoover Dam for water sports (price not included) or to rock climb in Red Rock Canyon.
 - 15-16. Return to UK.

NOTES:

1. Options to do rock climbing at Red Rock Canyon (cost free); for jet skiing, scuba diving, wake boarding etc near Hoover Dam prices to follow on request.
2. Incorporated in the trip will be lectures on a mountain related subject in order to familiarize students with mountain hazards and emergency procedures.
3. The quote doesn't include food at any time except for the leader or assessor.
4. The price does not include equipment except for the climbing activity.
5. Price for overnighing in towns can be reduced if staying in a camp site.

6. This trip requires extra days in the itinerary due to the altitude acclimatization process required for safety and best opportunity for success.

Grand Canyon followed by Mount Whitney:

Includes:

1. Flights for 13 persons from UK to Las Vegas arriving mid day, including 23kg of hold luggage.
2. All expenses for the leader or assessor provided by the Company.
3. Satphone and walkie talkie coverage.
4. Minibus travel and all accommodation including camp sites, national park and trail fees from and to Las Vegas for the duration including: Days:
 - 1-2. Stay in Las Vegas on 1st, we then drive via the Route 66 to the South Rim of the Grand Canyon, camp in Mather Campground or Motel (included in the price).
 - 2-3. Administration and preparing for the descent into the Canyon.
 - 4-7. Walk from the head of the South Kaibab Trail across the Colorado River to Phantom Ranch camp ground, then to Cottonwood Campground exiting at the Hermit Car Park east of Mather Campground, camping a further 2 nights along the way.
 - 8-9. Travel to Las Vegas on to Route 66, visit the Road Kill Cafe, Route 66 Cafe and Hoover Dam en route.
 - 10-12. Stay in hotel in Las Vegas or Stone for adventure activities: rock climbing in Red Rock Canyon (free of charge), water skiing, scuba diving, mountain bike trail riding and rafting (prices on request).
 - 13-14. Return to UK.

NOTES:

1. Options to do: rock climbing at Red Rock Canyon (cost free), jet skiing, scuba diving, wake boarding etc near Hoover Dam (prices to follow on request).
2. Incorporated in the trip will be lectures on a mountain related subject in order to familiarize students with mountain hazards and emergency procedures.
3. The quote doesn't include food at any time except for the leader or assessor.
4. The price does not include equipment except for the climbing activity.
5. Price for overnighing in towns can be reduced if staying in a camp site.
6. The price does not include individual or group holiday or activity insurance.